

# KANDERSTEG 2010 - ACTIVITIES MATRIX v2

## International Friendship

<b>Big World Workshop</b>	KanderAct09 Page 17	<b>FREE</b>	KanderAct10 Page 17	<b>FREE</b>	Min age 8	Max 20 participants	
<b>Evolving Alps Hike</b>	KanderAct09 Page 19	<b>FREE</b>	KanderAct10 Page 18	<b>FREE</b>	Min age 10	Max 15 participants	Not Sunday AM
<b>Great Green Adventure</b>	KanderAct09 Page 19	<b>FREE</b>	KanderAct10 Page 19	<b>FREE</b>	Min age 10	Max 10 participants	Not Sunday AM
<b>International I-Spy</b>	KanderAct09 Page 18	<b>FREE</b>	KanderAct10 Page 18	<b>FREE</b>	Min age 10		
<b>International Patrol Challenge</b>	KanderAct09 Page 18	<b>FREE</b>	KanderAct10 Page 18	<b>FREE</b>	Min age 10		Mondays only
<b>International Service Project</b>	KanderAct09 Page 17	<b>FREE</b>	KanderAct10 Page 17	<b>FREE</b>		Max 25 participants	
<b>KISC Climate Adventure</b>	KanderAct09 Page 19	<b>FREE</b>	KanderAct10 Page 19	<b>FREE</b>		Max 10 participants	Not Sunday AM
<b>KISC International Quiz</b>	KanderAct09 Page 18	<b>FREE</b>	KanderAct10 Page 18	<b>FREE</b>	Min age 10		
<b>Multi-Crafts Package 1</b>	KanderAct09 Page 17	<b>SFr 12</b>	KanderAct10 Page 17	<b>SFr 12</b>	Min age 8	Max 40 participants	
<b>Multi-Crafts Package 2</b>	KanderAct09 Page 17	<b>SFr 12</b>	KanderAct10 Page 17	<b>SFr 12</b>	Min age 8	Max 40 participants	
<b>Multi-Crafts Package 3</b>	KanderAct09 Page 17	<b>SFr 12</b>	KanderAct10 Page 17	<b>SFr 12</b>	Min age 8	Max 40 participants	
<b>Nature Explorers</b>	KanderAct09 Page 19	<b>FREE</b>	KanderAct10 Page 19	<b>FREE</b>	Min age 10	Max 10 participants	Not Sunday AM
<b>New! The Goose Game</b>			KanderAct10 Page 18	<b>FREE</b>	Min age 10		
<b>World Scout Workshop</b>	KanderAct09 Page 17	<b>FREE</b>	KanderAct10 Page 17	<b>FREE</b>	Min age 8	Max 20 participants	

## Eco Adventure

<b>Astronomy</b>	KanderAct09 Page 21	<b>FREE</b>	KanderAct10 Page 20	<b>FREE</b>	Min age 8	
<b>Bat Watch</b>	KanderAct09 Page 21	<b>FREE</b>	KanderAct10 Page 21	<b>FREE</b>	Min age 8	
<b>Eco Adventure Room</b>	KanderAct09 Page 21	<b>FREE</b>	KanderAct10 Page 21	<b>FREE</b>	Min age 8	
<b>Eco Quiz</b>	KanderAct09 Page 21	<b>FREE</b>	KanderAct10 Page 20	<b>FREE</b>	Min age 8	
<b>Eco-I-Spy</b>	KanderAct09 Page 21	<b>FREE</b>	KanderAct10 Page 20	<b>FREE</b>	Min age 8	

	<b>Electrifying Oeschinensee Adventure</b>	KanderAct09 Page 20	<b>FREE</b>	KanderAct10 Page 21	<b>FREE</b>	Min age 10	
	<b>Gemmipass EcoHike (Unguided)</b>	KanderAct09 Page 20	<b>FREE</b>	KanderAct10 Page 21	<b>FREE</b>	Min age 10	Cable car recommended
	<b>Green Campsite Trail</b>	KanderAct09 Page 20	<b>FREE</b>	KanderAct10 Page 20	<b>FREE</b>	Min age 8	
	<b>Green Chalet Trail</b>	KanderAct09 Page 21	<b>FREE</b>	KanderAct10 Page 20	<b>FREE</b>	Min age 8	
<b>New!</b>	<b>Solar Power Experience</b>			KanderAct10 Page 20	<b>FREE</b>	Min age 10	
	<b>Weather Detectives</b>	KanderAct09 Page 21	<b>FREE</b>	KanderAct10 Page 21	<b>FREE</b>	Min age 8	

## Trails, Exploration & Local Activities

<b>New!</b>	<b>Ballenburg - Adult</b>			KanderAct10 Page 24	<b>SFr 16</b>	Min age 16	
<b>New!</b>	<b>Ballenburg - Child</b>			KanderAct10 Page 24	<b>SFr 8.5</b>		
	<b>Compass Course</b>	KanderAct09 Page 22	<b>FREE</b>	KanderAct10 Page 22	<b>FREE</b>	Min age 8	
	<b>Discovery Trail</b>	KanderAct09 Page 22	<b>FREE</b>	KanderAct10 Page 23	<b>FREE</b>	Min age 8	
	<b>Flag Break &amp; Welcome</b>	KanderAct09 Page 39	<b>FREE</b>	KanderAct10 Page 40	<b>FREE</b>		Monday at 08.30
	<b>Geo-caching</b>	KanderAct09 Page 22	<b>FREE</b>	KanderAct10 Page 22	<b>FREE</b>	Min age 10	Require a GPS
	<b>Glaciers, Alps &amp; Avalanches</b>	KanderAct09 Page 39	<b>FREE</b>	KanderAct10 Page 41	<b>FREE</b>		Thursday at 20.00
	<b>International Disco</b>	KanderAct09 Page 39	<b>SFr 5</b>	KanderAct10 Page 40	<b>SFr 5</b>		Wednesday at 20.00
	<b>International Sports Afternoon</b>	KanderAct09 Page 40	<b>FREE</b>	KanderAct10 Page 41	<b>FREE</b>		Sunday at 14.30
	<b>KanderChallenge</b>	KanderAct09 Page 39	<b>FREE</b>	KanderAct10 Page 41	<b>FREE</b>		Thursday at 19.00
	<b>Kandersteg Trail</b>	KanderAct09 Page 22	<b>FREE</b>	KanderAct10 Page 23	<b>FREE</b>	Min age 8	
	<b>KISC Light Trail</b>	KanderAct09 Page 40	<b>FREE</b>	KanderAct10 Page 41	<b>FREE</b>		Sunday at 20.00
	<b>Mini Golf</b>	KanderAct09 Page 23	<b>SFr 4</b>	KanderAct10 Page 24	<b>SFr 4</b>		At Hotel Adler
	<b>Navigation Challenge</b>	KanderAct09 Page 22	<b>FREE</b>	KanderAct10 Page 22	<b>FREE</b>	Min age 10	
	<b>Niesen - Adult</b>	KanderAct09 Page 23	<b>SFr 32</b>	KanderAct10 Page 24	<b>SFr 33</b>		
	<b>Niesen - Child</b>	KanderAct09 Page 23	<b>SFr 16</b>	KanderAct10 Page 24	<b>SFr 17</b>		
	<b>Oeschinensee Rowing Boat - 1 Boat/half hou</b>	KanderAct09 Page 23	<b>SFr 10</b>	KanderAct10 Page 24	<b>SFr 10</b>		
	<b>Oeschinensee Rowing Boat - 1 Boat/hour</b>	KanderAct09 Page 23	<b>SFr 18</b>	KanderAct10 Page 24	<b>SFr 18</b>		
	<b>Orienteering</b>	KanderAct09 Page 22	<b>SFr 5</b>	KanderAct10 Page 22	<b>SFr 5</b>	Min age 10	Cable car recommended

<b>Photo Challenge</b>	KanderAct09 Page 22	<b>FREE</b>	KanderAct10 Page 23	<b>FREE</b>	Min age 10	
<b>Pioneering Competition</b>	KanderAct09 Page 40	<b>FREE</b>	KanderAct10 Page 41	<b>FREE</b>		Sunday at 19.00
<b>Race around the world</b>	KanderAct09 Page 39	<b>FREE</b>	KanderAct10 Page 40	<b>FREE</b>		Tuesday at 19.00
<b>Sauna</b>	KanderAct09 Page 23	<b>SFr 5</b>	KanderAct10 Page 22	<b>SFr 5</b>	Max 20 participants	
<b>Stockhorn - Adult</b>	KanderAct09 Page 23	<b>SFr 28</b>	KanderAct10 Page 24	<b>SFr 30</b>		
<b>Stockhorn - Child</b>	KanderAct09 Page 23	<b>SFr 14</b>	KanderAct10 Page 24	<b>SFr 15</b>		
<b>Summer Sled Run - Adult 10 runs</b>	KanderAct09 Page 23	<b>SFr 30</b>	KanderAct10 Page 24	<b>SFr 30</b>	Min age 16	
<b>Summer Sled Run - Adult 5 runs</b>	KanderAct09 Page 23	<b>SFr 18</b>	KanderAct10 Page 24	<b>SFr 18</b>	Min age 16	
<b>Summer Sled Run - Child 10 runs</b>	KanderAct09 Page 23	<b>SFr 22</b>	KanderAct10 Page 24	<b>SFr 22</b>		
<b>Summer Sled Run - Child 5 runs</b>	KanderAct09 Page 23	<b>SFr 12</b>	KanderAct10 Page 24	<b>SFr 12</b>		
<b>Swimming (at Village Pool) - Adult</b>	KanderAct09 Page 22	<b>SFr 5.3</b>	KanderAct10 Page 23	<b>SFr 5.3</b>	Min age 16	
<b>Swimming (at Village Pool) - Child</b>	KanderAct09 Page 22	<b>SFr 4</b>	KanderAct10 Page 23	<b>SFr 4</b>		
<b>Swiss Bowling - Per lane per hour</b>	KanderAct09 Page 23	<b>SFr 20</b>	KanderAct10 Page 22	<b>FREE</b>	Max 16 participants	Plus cost of refreshments. Book directly with hotel
<b>Swiss Culture Night</b>	KanderAct09 Page 39	<b>FREE</b>	KanderAct10 Page 40	<b>FREE</b>		Wednesday at 20.00
<b>New! Tropenhaus - Adult</b>			KanderAct10 Page 24	<b>SFr 18</b>	Min age 16	
<b>New! Tropenhaus - Child</b>			KanderAct10 Page 24	<b>SFr 9</b>		
<b>Wet'n'Wild</b>	KanderAct09 Page 39	<b>SFr 5</b>	KanderAct10 Page 40	<b>SFr 5</b>		Wednesday at 17.00
<b>Wet'n'Wild + Pool BBQ</b>	KanderAct09 Page 39	<b>SFr 19.5</b>	KanderAct10 Page 40	<b>SFr 19.5</b>		Wednesday at 17.00

## Day Trips

<b>Allmenalp Cable Car - Adult Return</b>	KanderAct09 Page 26	<b>SFr 13</b>	KanderAct10 Page 28	<b>SFr 14</b>	Min age 16	
<b>Allmenalp Cable Car - Adult Single</b>	KanderAct09 Page 26	<b>SFr 8.5</b>	KanderAct10 Page 28	<b>SFr 9</b>	Min age 16	
<b>Allmenalp Cable Car - Child Return</b>	KanderAct09 Page 26	<b>SFr 7</b>	KanderAct10 Page 28	<b>SFr 8</b>		
<b>Allmenalp Cable Car - Child Single</b>	KanderAct09 Page 26	<b>SFr 5</b>	KanderAct10 Page 28	<b>SFr 5</b>		
<b>New! Ballenburg &amp; Interlaken</b>			KanderAct10 Page 26	<b>SFr 55</b>		Tuesdays only
<b>Bern (by Coach)</b>	KanderAct09 Page 24	<b>SFr 39</b>	KanderAct10 Page 26	<b>SFr 39</b>		Tuesday only

<b>New!</b>	<b>Bern Mystery Trail</b>			KanderAct10 Page 27	<b>FREE</b>		Need to book transport to Bern as well
<b>New!</b>	<b>Blausee</b>			KanderAct10 Page 28	<b>SFr 1</b>		Entrance only
	<b>Chocolate &amp; Cheese Tour (by Coach)</b>	KanderAct09 Page 24	<b>SFr 52</b>	KanderAct10 Page 26	<b>SFr 55</b>		Wednesday only
	<b>Gasterntal Bus - Adult</b>	KanderAct09 Page 26	<b>SFr 12.5</b>	KanderAct10 Page 28	<b>SFr 12.5</b>	Min age 16	
	<b>Gasterntal Bus - Child</b>	KanderAct09 Page 26	<b>SFr 8.5</b>	KanderAct10 Page 28	<b>SFr 8.5</b>		
	<b>Jungfrauoch &amp; Eiger Trail - Adult</b>	KanderAct09 Page 25	<b>SFr 149</b>	KanderAct10 Page 26	<b>SFr 159</b>	Min age 16	Friday only. Includes train
	<b>Jungfrauoch &amp; Eiger Trail - Child</b>	KanderAct09 Page 25	<b>SFr 115</b>	KanderAct10 Page 26	<b>SFr 115</b>	Min age 10	Friday only. Includes train
	<b>Mount Titlis</b>	By arrangement	<b>Quote</b>	By arrangement	<b>Quote</b>		
	<b>Oeschinen Gondola - Adult Return</b>	KanderAct09 Page 26	<b>SFr 16.8</b>	KanderAct10 Page 28	<b>SFr 16.8</b>	Min age 16	
	<b>Oeschinen Gondola - Adult Single</b>	KanderAct09 Page 26	<b>SFr 12</b>	KanderAct10 Page 28	<b>SFr 12</b>	Min age 16	
	<b>Oeschinen Gondola - Child Return</b>	KanderAct09 Page 26	<b>SFr 8.4</b>	KanderAct10 Page 28	<b>SFr 8.4</b>		
	<b>Oeschinen Gondola - Child Single</b>	KanderAct09 Page 26	<b>SFr 6</b>	KanderAct10 Page 28	<b>SFr 6</b>		
	<b>Stresa (by Coach)</b>	KanderAct09 Page 24	<b>SFr 79</b>	KanderAct10 Page 26	<b>SFr 79</b>		Monday only
	<b>Stresa (by Train)</b>	By arrangement	<b>Quote</b>	By arrangement	<b>Quote</b>		Second week only.
	<b>Sunnbuel Cable Car - Adult Return</b>	KanderAct09 Page 26	<b>SFr 18.6</b>	KanderAct10 Page 28	<b>SFr 18.6</b>	Min age 16	
	<b>Sunnbuel Cable Car - Adult Single</b>	KanderAct09 Page 26	<b>SFr 13.5</b>	KanderAct10 Page 28	<b>SFr 13.5</b>	Min age 16	
	<b>Sunnbuel Cable Car - Child Return</b>	KanderAct09 Page 26	<b>SFr 9.3</b>	KanderAct10 Page 28	<b>SFr 9.3</b>		
	<b>Sunnbuel Cable Car - Child Single</b>	KanderAct09 Page 26	<b>SFr 6.8</b>	KanderAct10 Page 28	<b>SFr 6.8</b>		
	<b>Thun Castle Entry - Adult</b>	KanderAct09 Page 26	<b>SFr 5</b>	KanderAct10 Page 28	<b>SFr 5</b>	Min age 16	
	<b>Thun Castle Entry - Child</b>	KanderAct09 Page 26	<b>SFr 2</b>	KanderAct10 Page 28	<b>SFr 2</b>		
	<b>Thun Mystery Trail - Adult</b>	KanderAct09 Page 25	<b>SFr 40</b>	KanderAct10 Page 27	<b>SFr 40</b>	Min age 16	
	<b>Thun Mystery Trail - Child</b>	KanderAct09 Page 25	<b>SFr 30</b>	KanderAct10 Page 27	<b>SFr 30</b>		
<b>New!</b>	<b>Train Ticket - Bern - Adult</b>			KanderAct10 Page 27	<b>SFr 40</b>	Min age 16	
<b>New!</b>	<b>Train Ticket - Bern - Child</b>			KanderAct10 Page 27	<b>SFr 22</b>		
	<b>Train Ticket - Boltigen - Adult</b>	KanderAct09 Page 25	<b>SFr 32</b>	KanderAct10 Page 27	<b>SFr 32</b>	Min age 16	
	<b>Train Ticket - Boltigen - Child</b>	KanderAct09 Page 25	<b>SFr 18</b>	KanderAct10 Page 27	<b>SFr 18</b>		

<b>Train Ticket - Brig - Adult</b>	KanderAct09 Page 25 <b>SFr 32</b>	KanderAct10 Page 27 <b>SFr 32</b>	Min age 16
<b>Train Ticket - Brig - Child</b>	KanderAct09 Page 25 <b>SFr 18</b>	KanderAct10 Page 27 <b>SFr 18</b>	
<b>Train Ticket - Interlaken - Adult</b>	KanderAct09 Page 25 <b>SFr 32</b>	KanderAct10 Page 27 <b>SFr 32</b>	Min age 16
<b>Train Ticket - Interlaken - Child</b>	KanderAct09 Page 25 <b>SFr 18</b>	KanderAct10 Page 27 <b>SFr 18</b>	
<b>Train Ticket - Thun - Adult</b>	KanderAct09 Page 25 <b>SFr 32</b>	KanderAct10 Page 27 <b>SFr 32</b>	Min age 16
<b>Train Ticket - Thun - Child</b>	KanderAct09 Page 25 <b>SFr 18</b>	KanderAct10 Page 27 <b>SFr 18</b>	
<b>Trummelbach Falls &amp; Interlaken (by Coach)</b>	KanderAct09 Page 24 <b>SFr 49</b>	KanderAct10 Page 27 <b>SFr 49</b>	Thursday only

## Challenge Activities

<b>COPE Course</b>	KanderAct09 Page 41 <b>SFr 5</b>	KanderAct10 Page 42 <b>SFr 5</b>	Min age 10	Max 12 participants
<b>Crate Stacking</b>	KanderAct09 Page 41 <b>SFr 8</b>	KanderAct10 Page 42 <b>SFr 8</b>	Min age 10	Max 12 participants
<b>Jacob's Ladder</b>	KanderAct09 Page 41 <b>SFr 8</b>	KanderAct10 Page 42 <b>SFr 8</b>	Min age 10	Max 12 participants
<b>Pioneering Workshop</b>	KanderAct09 Page 41 <b>SFr 5</b>	KanderAct10 Page 42 <b>SFr 5</b>	Min age 10	Max 12 participants
<b>Team Building &amp; Initiative Exercises</b>	KanderAct09 Page 41 <b>SFr 5</b>	KanderAct10 Page 42 <b>SFr 5</b>	Min age 10	Max 12 participants
<b>Zip Wire</b>	KanderAct09 Page 41 <b>SFr 5</b>	KanderAct10 Page 42 <b>SFr 5</b>	Min age 10	Max 12 participants

## Guided Hikes

<b>Bunderspitz Hike</b>	KanderAct09 Page 43 <b>SFr 15</b>	KanderAct10 Page 45 <b>SFr 15</b>	Min age 14	Max 15 participants	
<b>Cheesery Hike</b>	KanderAct09 Page 43 <b>SFr 9</b>	KanderAct10 Page 45 <b>SFr 9</b>	Min age 10	Max 15 participants	Leave at 07.30
<b>Cheesery Peak Traverse (Stand-First)</b>	KanderAct09 Page 43 <b>SFr 22</b>	KanderAct10 Page 45 <b>SFr 22</b>	Min age 14	Max 8 participants	Leave at 07.30
<b>Gasterntal Hike</b>	KanderAct09 Page 42 <b>SFr 15</b>	KanderAct10 Page 44 <b>SFr 16</b>	Min age 10	Max 15 participants	
<b>Hockenhorn (overnight)</b>	KanderAct09 Page 43 <b>SFr 95</b>	KanderAct10 Page 45 <b>SFr 95</b>	Min age 14	Max 8 participants	
<b>Lotchenpass Hike</b>	KanderAct09 Page 43 <b>SFr 33</b>	KanderAct10 Page 45 <b>SFr 33</b>	Min age 14	Max 15 participants	
<b>Overnight Lotchenpass Hike</b>	KanderAct09 Page 43 <b>SFr 85</b>	KanderAct10 Page 45 <b>SFr 85</b>	Min age 14	Max 15 participants	
<b>Overnight Ueschinen Hut Hike</b>	KanderAct09 Page 44 <b>SFr 22</b>	KanderAct10 Page 44 <b>SFr 25</b>	Min age 10	Max 15 participants	
<b>Three Valleys Hike</b>	KanderAct09 Page 44 <b>SFr 25</b>	KanderAct10 Page 44 <b>SFr 27</b>	Min age 14	Max 15 participants	

## Unguided Hikes

<b>Dawn Hike (Unguided)</b>	KanderAct09 Page 45	<b>FREE</b>	KanderAct10 Page 43	<b>FREE</b>	Min age 10	
<b>Swiss Alpine Club Huts</b>	KanderAct09 Page 45	<b>Quote</b>	KanderAct10 Page 43	<b>Quote</b>	Min age 10	
<b>Ueschinen Hut (Accommodation only)</b>	KanderAct09 Page 45	<b>SFr 10</b>	KanderAct10 Page 43	<b>SFr 10</b>	Min age 10	Max 30 participants

## Climbing Activities

<b>Beginners Abseiling</b>	KanderAct09 Page 47	<b>SFr 8</b>	KanderAct10 Page 46	<b>SFr 8</b>	Min age 10	Max 12 participants	No experience necessary
<b>Beginners Rock Climbing Course - Adult</b>	KanderAct09 Page 48	<b>SFr 35</b>	KanderAct10 Page 46	<b>SFr 35</b>	Min age 16	Max 10 participants	No experience necessary
<b>Beginners Rock Climbing Course - Child</b>	KanderAct09 Page 48	<b>SFr 25</b>	KanderAct10 Page 46	<b>SFr 25</b>	Min age 10	Max 10 participants	No experience necessary
<b>Hike 'n' Climb</b>	KanderAct09 Page 47	<b>SFr 40</b>	KanderAct10 Page 47	<b>SFr 40</b>	Min age 14	Max 15 participants	No experience necessary
<b>Intermediate Rock Climbing - Adult</b>	KanderAct09 Page 48	<b>SFr 35</b>	KanderAct10 Page 46	<b>SFr 35</b>	Min age 16	Max 10 participants	Some climbing experience necessary
<b>Intermediate Rock Climbing - Child</b>	KanderAct09 Page 48	<b>SFr 25</b>	KanderAct10 Page 46	<b>SFr 25</b>	Min age 14	Max 10 participants	Some climbing experience necessary
<b>Overnight Climbing Workshop</b>	KanderAct09 Page 47	<b>SFr 30</b>	KanderAct10 Page 47	<b>SFr 30</b>	Min age 10	Max 15 participants	No experience necessary

## Water Activities

	<b>Aare River Tubing (Guided)</b>	KanderAct09 Page 51	<b>SFr 70</b>	KanderAct10 Page 51	<b>SFr 70</b>	Min age 14	Does not include transport
	<b>Aare River Tubing (Unguided)</b>	KanderAct09 Page 51	<b>SFr 40</b>	KanderAct10 Page 51	<b>SFr 40</b>	Min age 14	Does not include transport
	<b>Boat Trip on Aare River</b>	KanderAct09 Page 67	<b>SFr 62</b>	KanderAct10 Page 67	<b>SFr 64</b>	Min age 8	Does not include transport
	<b>Canyoning (Advanced)</b>	KanderAct09 Page 67	<b>SFr 125</b>	KanderAct10 Page 51	<b>SFr 129</b>	Min age 14	Does not include transport
	<b>Canyoning (Easy)</b>	KanderAct09 Page 67	<b>SFr 98</b>	KanderAct10 Page 51	<b>SFr 99</b>	Min age 12	Does not include transport
<b>New!</b>	<b>Canyoning (Easy) &amp; Rafting package</b>			KanderAct10 Page 67	<b>SFr 169</b>	Min age 12	
<b>New!</b>	<b>Canyoning (Ultimate)</b>			KanderAct10 Page 51	<b>SFr 179</b>	Min age 16	Does not include transport
	<b>High Rope Course Zweisimmen</b>	KanderAct09 Page 67	<b>SFr 23</b>	KanderAct10 Page 67	<b>SFr 25</b>	Min age 12	Does not include transport
	<b>High Rope Course Zweisimmen &amp; Simme Riv</b>	KanderAct09 Page 67	<b>SFr 90</b>	KanderAct10 Page 67	<b>SFr 95</b>	Min age 12	Does not include transport
	<b>Lake Day (Lake Thun)</b>	KanderAct09 Page 51	<b>SFr 89</b>	KanderAct10 Page 51	<b>SFr 89</b>	Min age 10	Does not include transport
<b>New!</b>	<b>River Rafting (Aare)</b>			KanderAct10 Page 51	<b>SFr 64</b>	Min age 10	Does not include transport

<b>New!</b>	<b>River Rafting (Lutschine)</b>		KanderAct10 Page 51	<b>SFr 84</b>	Min age 14		Does not include transport
	<b>River Rafting (Simme)</b>	KanderAct09 Page 67	<b>SFr 70</b>	KanderAct10 Page 51	<b>SFr 73</b>	Min age 12	Does not include transport
	<b>Self Guided Rafting on Aare - 6 person raft</b>	KanderAct09 Page 51	<b>SFr 150</b>	KanderAct10 Page 51	<b>SFr 150</b>	Min age 12	Max 6 participants Does not include transport
	<b>Self Guided Rafting on Aare - 8 person raft</b>	KanderAct09 Page 51	<b>SFr 190</b>	KanderAct10 Page 51	<b>SFr 190</b>	Min age 12	Max 8 participants Does not include transport
	<b>TRAIN - Aare River Activities - Adult (Approx</b>	KanderAct09 Page 51	<b>SFr 40</b>	KanderAct10 Page 51	<b>SFr 40</b>	Min age 16	
	<b>TRAIN - Aare River Activities - Child (Approx)</b>	KanderAct09 Page 51	<b>SFr 30</b>	KanderAct10 Page 51	<b>SFr 22</b>		
	<b>TRAIN - Lake Day - Adult (Approx)</b>	KanderAct09 Page 51	<b>SFr 36</b>	KanderAct10 Page 51	<b>SFr 36</b>	Min age 16	
	<b>TRAIN - Lake Day - Child (Approx)</b>	KanderAct09 Page 51	<b>SFr 25</b>	KanderAct10 Page 51	<b>SFr 25</b>		
	<b>TRAIN - Simme Rafting &amp; Canyoning - Adult</b>	KanderAct09 Page 51	<b>SFr 32</b>	KanderAct10 Page 51	<b>SFr 32</b>	Min age 16	
	<b>TRAIN - Simme Rafting &amp; Canyoning - Child</b>	KanderAct09 Page 51	<b>SFr 18</b>	KanderAct10 Page 51	<b>SFr 18</b>		

## Snow & Ice workshops

	<b>Glacier Workshop</b>	KanderAct09 Page 50	<b>SFr 85</b>	KanderAct10 Page 49	<b>SFr 85</b>	Min age 14	Max 12 participants	No departing on Saturdays
	<b>Ice Climbing Workshop</b>	KanderAct09 Page 50	<b>SFr 85</b>	KanderAct10 Page 49	<b>SFr 85</b>	Min age 14	Max 12 participants	No departing on Saturdays
	<b>Petersgrat Expedition</b>	KanderAct09 Page 49	<b>SFr 100</b>	KanderAct10 Page 48	<b>SFr 100</b>	Min age 16	Max 12 participants	No departing on Saturdays
	<b>Snow &amp; Ice Combo</b>	KanderAct09 Page 50	<b>SFr 110</b>	KanderAct10 Page 48	<b>SFr 110</b>	Min age 14	Max 12 participants	No departing on Saturdays
	<b>Wildstrubel Expedition</b>	KanderAct09 Page 49	<b>SFr 100</b>	KanderAct10 Page 48	<b>SFr 100</b>	Min age 16	Max 12 participants	No departing on Saturdays

## Other Activities

	<b>Adelboden Adventure Package - Challenge</b>	KanderAct09 Page 52	<b>SFr 75</b>	KanderAct10 Page 52	<b>SFr 75</b>	Min age 12	Max 50 participants	
<b>New!</b>	<b>Adelboden Adventure Package - Climbing</b>			KanderAct10 Page 52	<b>SFr 59</b>	Min age 12	Max 50 participants	
	<b>Adelboden Adventure Package - Relaxed</b>	KanderAct09 Page 52	<b>SFr 69</b>	KanderAct10 Page 52	<b>SFr 69</b>	Min age 12	Max 50 participants	
	<b>Adelboden Adventure Park - Full</b>	KanderAct09 Page 52	<b>SFr 52</b>	KanderAct10 Page 52	<b>SFr 53</b>	Min age 12	Max 50 participants	
	<b>Adelboden Adventure Park - Light</b>	KanderAct09 Page 52	<b>SFr 32</b>	KanderAct10 Page 52	<b>SFr 33</b>	Min age 12	Max 50 participants	
	<b>Allmenalp Via-Ferrata</b>	KanderAct09 Page 52	<b>SFr 125</b>	KanderAct10 Page 52	<b>SFr 125</b>	Min age 16	Max 5 participants	Min. number 3
	<b>High Ropes Park</b>	KanderAct09 Page 52	<b>SFr 25</b>	KanderAct10 Page 52	<b>SFr 28</b>	Min age 10		
	<b>Mountain Biking</b>	KanderAct09 Page 52	<b>SFr 35</b>	KanderAct10 Page 52	<b>SFr 35</b>	Min age 12	Max 25 participants	

**Paragliding** KanderAct09 Page 52 **SFr 150** KanderAct10 Page 52 **SFr 150** Min age 16

Participants aged 16 & 17 require written parental permission

**Skydiving** KanderAct09 Page 52 **SFr 380** KanderAct10 Page 52 **SFr 380** Min age 16

Participants aged 16 & 17 require written parental permission