

**WE'RE GOING PLACES.  
MAKE SURE YOU COME TOO  
GLMW KANDERSTEG EXPEDITION 2017**

**OUR 2017 KANDERSTEG EXPEDITION**

**GREATER LONDON MIDDLESEX WEST SCOUTS**

ALPINE WALKS WHITE WATER RAFTING PARACENDING SCRAMBLING CHEESE FACTORY TOUR  
 OUR HIGH ROPES CAMPING SINGLE PITCH CLIMBING SWIMMING MOUNTAIN BIKING AL  
 PINE HUT OVERNIGHTS SWISS CHOCOLATE TASTING TOUR JUNG FRAU RAILWAY EXPLOR  
 ERBELT SAILING ARCHERY SCRAMBLING INTERLAKEN MOUNTAIN RAILWAYS AERIAL RU  
 NWAYS ABSEILING ICE CLIMBING GLACIER WALKING SUMMER SLED RUN ALPINE LAKE RO  
 WING CANYONING GRAFTING ECOTRAILS BAT WATCHING ASTRONOMY VIA FERRATA SW

## GLMW KANDERSTEG EXPEDITION 2017

While the rest of London is still sleeping, at 5:30am on Monday, 7<sup>th</sup> August, 2017, the first fifty Scouts, Explorer Scouts and Leaders from GLMW will begin the checking-in at London's Heathrow Airport. Over the following eleven hours, some 650 participants will follow them on a journey via Zurich or Geneva, on aeroplanes, trains via Bern and buses along the beautiful Kandertal valley to the Kandersteg International Scout Centre.

Their camping equipment and personal baggage will have arrived ahead of them, carried by two of the largest available, hard-walled, articulated trucks full to the roof with tents, rucksacks, cooking equipment and much, much more.

On arrival, the travellers will be greeted with a meal and will then head across the road to set up their campsites among the trees and rocks of the KISC camping grounds at 1,200m above sea level and at the foot of the 2,770m Innerer Fisistock mountain peak.

An opening ceremony will follow and over the next ten days, they will participate in a wide range of alpine activities that are beyond the experience of the majority of young people in the UK. They will climb high in to the mountains of the Bernese Oberland, walk on glaciers and snowfields, descend in to ice crevasses. There will be opportunity to spend nights in high alpine mountain huts and walk to remote mountain valleys. Some will try white water rafting on the racing headwaters of the river Lütchine starting just below the world famous North face of the Eiger. Others will parascend from the cliffs of the Kandertal or visit the villages of Gruyere or Spiez to observe the making of well-known Swiss cheeses or Swiss chocolate or to travel on the beautiful Lake Thun to the famous spa town of Interlaken.

### GLMW HAS A LONG EXPEDITION HISTORY

Every four years GLMW organises an expedition open to all Scouts, Explorer Scouts and Adults within the County. The Expedition aims to deliver an exciting international experience to many young people who may otherwise not be able to participate in such an opportunity.

During a 10 day trip, young people from all parts of our County are able to experience activities in the high Alpine environment. You will hear them talk about camping and hiking in the high alps, walking and climbing on snowy mountains, high ropes hanging way above an Alpine valley,



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white water rafting, swimming in a mountain lake, day trip travel to Italy, meeting a wide range of international visitors to the Centre, visits to the many cultural attractions of the Bernese Oberland region of Switzerland and tell stories of how they participated in community support projects on mountain railways or in Alpine villages.

GLMW has been delivering such expeditions for many years. This expedition represents the culmination of over two years planning and preparation. A team of around seventy people will staff the expedition led by a central organising team of five who are already at work to ensure a successful outcome. **We hope that you will be able to join us on this great adventure.**

## KANDERSTEG INTERNATIONAL SCOUT CENTRE (KISC)

Kandersteg International Scout Centre is the World Centre of the World Organisation of the Scout Movement (WOSM). The Centre began in 1923 with Lord Baden-Powell, who, after the first World Scout Jamboree, had a dream about creating a place where Scouts from all over the world could meet: the Permanent Mini Jamboree. His dream came true and still today tens of thousands of Scouts from all over the world meet every year at this historic campsite sharing the values of the World Scout Movement.

The centre is run mostly by a staff who work on a volunteer basis. Drawn from all over the world, the centre provides an opportunity for young people to learn about and operate a large international activities facility. To see more about the incredible opportunities that KISC offers to young people please visit the KISC website at: <http://www.kisc.ch/>.

### ACTIVITY AND PROGRAMMING AT KISC

The activity programme at KISC runs all through the year with different sports and adventures available depending upon the season. To see the wide range of opportunity that will be available to GLMW participants during the Kandersteg 2017 Expedition please visit: <http://www.kisc.ch/programme/summer/> where you will find the KISC Activities brochure. You can use this to select the activities that you would like to try for your group during your stay with the Expedition.

The 2017 activity pricing will not be available until early 2017 but you will be able to use the 2016 pricing as a guide for your budgeting. You will be able to pay for the activities you select directly with the KISC front desk during your stay. The Expedition Programme team will help you make any activity bookings in advance so that you can be certain of their availability before you get there.



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## WHERE IS KANDERSTEG?



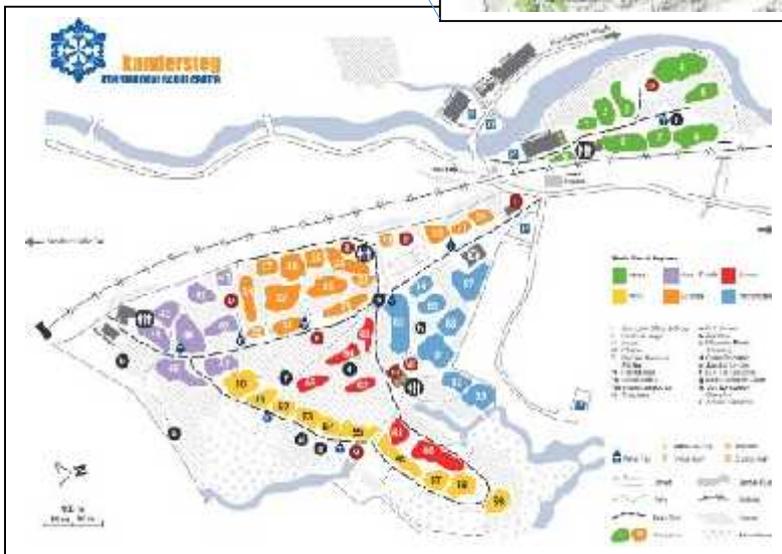
Kandersteg is in the Bernese Oberland region in the Canton (or state) of Bern. We will be travelling by plane to Geneva or Zurich.



From the airport, we will travel by train to Bern. At Bern, we change train to reach Kandersteg.



The Kandersteg International Scout Centre (KISC) is located south of the main village.



From the campsite at KISC, you have access directly in to some of the most beautiful Alpine scenery in the world. The village of Kandersteg is just a fifteen minute walk away. By train from the local station, you can be by the stunningly beautiful Lake Thun in around 45 minutes. Alternatively, a southbound train can take you to the Rhone Valley and connections for a day trip to Italy.

Walking up in to the mountain valleys, you will hear the sound of music ringing from the bells attached to local sheep and cows as they wander their summer pastures high above the village.



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## REGISTERING YOUR GROUP FOR K2017

To register your group go to the K2017 page on the GLMW Web site

<http://www.glmwscouts.org.uk/kandersteg2017>

Click on the link for "Register interest in bringing a group of young people" and fill in the on-line form. Submit the form on-line and then pay the £10 registration fee.

For BACS the account details are:  
 Account Name – GLMW County Scouts  
 Sort Code – 40-23-13  
 Account Number – 41180290

For cheques please make them payable to 'GLMW County Scouts' and send them to  
 Leon Mielewczyk, 26 Whitton Dene, Hounslow, TW3 2JT

When you submit your form on line you will receive an e-mail confirming your details. This e-mail also has a link back to your form for any corrections that you may need to make: **don't delete this e-mail.**

When your £10 registration fee arrives you will receive a further e-mail (from Leon Mielewczyk) confirming your registration and giving you a reference number beginning with the letter "K" that will be linked to your group for administering the expedition.

Please use this K number in all future communication and as the reference for any future payments.

Register as soon as possible and no later than 31 May 2016 in order to receive our first mailing which will include more information so that you can brief everyone in your troop or unit. We look forward to seeing you!

## IF YOU WANT TO BE A MEMBER OF THE STAFF TEAM FOR THE EXPEDITION

If you want to be part of our staff team then you need to register as an individual participant. To do this go to the K2017 page on the GLMW Web site:

<http://www.glmwscouts.org.uk/kandersteg2017>

Click on the link to "Register interest in joining the staff team" and fill in the on-line form. Submit the form on-line and then pay the registration fee of £10.

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When your £10 registration fee arrives you will receive an e-mail confirming your registration and giving you a staff reference number beginning with the letter "K" that will be linked to you for administering the expedition. Please use this K number in all future communication and as the reference for any future payments.

Register as soon as possible and no later than 31 May 2016 in order to secure your staff place. We look forward to seeing you!

*If you have problems registering on-line then you can print out the group or staff registration form from the web site and submit it by post to Leon Mielewczyk at the address above.*

## BAGGAGE TRANSPORT FOR THE EXPEDITION

We will be organising for all of the camping equipment and major items of personal baggage to be transported separately to the site at KISC. This will enable every participant to travel with just their hand baggage and ensure that our groups can move quickly and efficiently through the airports and railway stations. We will give you more details on the baggage transport arrangements nearer the time.

## ANY QUESTIONS

If you have any questions or need any more information about the expedition, don't hesitate to get in touch with the team. You can do this by posting on our Facebook Page:

<https://www.facebook.com/kandersteg2017/>

or by sending an e-mail to the expedition lead:

[richardwilliams@glmwscouts.org.uk](mailto:richardwilliams@glmwscouts.org.uk) .

You can keep up with the Expedition via the Facebook page or on Twitter: @kandersteg2017 ...

